

HEADINGLEY FRIDAY SUPPORT GROUP NEWSLETTER – MARCH / APRIL 2016

Est. 1987

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THE REPORT BACK FORM

The financial expenditure of the grant of £680 from the Mental Health Drop-In and Outreach Budget Scheme in the financial year 2015-2016 was summarised in the Report Back Form. The expenditure was comprised of:

- the hire of the Beckett Room at the Headingley Enterprise and Arts Centre for eight drop-in sessions on Friday afternoons and the Annual General Meeting;
- lunches during the excursions to York on 17th July 2015 and Skipton on 4th December 2015;
- the costs associated with the website, specifically, the registration of the domain name of www.headingleyfridaysupportgroup.org.uk (for two years) and the hosting server for the website;
- two evening meals at the Skyrack in central Headingley on 4th September 2015 and 16th October 2015;
- the subsidization of the annual holiday to Scarborough and Medieval York, between 7th and 11th September 2015, the possible payment of the deposit lost through the cancellation of a place, a gift of £40 spending money to each participant (totalling £160), and a taxi from Leeds Bus Station to the places of residence on 11th September 2015;
- the possibility of a small charge for the refreshments at the

drop-in sessions on Friday afternoons, between 11th December 2015 and 15th January 2016, with no contributions from attendees at these sessions;

- a Christmas meal at The Hedley Verity (Wetherspoon) on Monday 21st December 2015;
- the printing of 200 copies of an A5 colour flyer distributed to appropriate mental health services;
- the cost of flowers for the funeral of Angela Kania on 19th February 2016; and
- administrative costs such as printing (20p per side), envelopes and stamps.

Many of the receipts were, unfortunately, missing from the records available to the Headingley Friday Support Group. All the attendees at the drop-in session on 11th March 2016 therefore agreed to a change in the responsibility for the financial management of the Headingley Friday Support Group.

Electronic and postal copies of the Report Back Form, with copies of all available receipts, were sent to the administrators of the Mental Health Drop-In and Outreach Budget Scheme on 12th March 2016.

APPLICATION FOR FUNDING

Electronic and paper copies of the application form for a grant from the Mental Health Drop-In and Outreach Budget Scheme in the financial year 2016-2017 were sent to the administrators at Leeds Mind on 12th March 2016. The maximum grant is

anticipated to be £450 - £500 for 2016-17. A decision is still awaited. Any decision on the availability of a grant is very likely to impact on the discussion of a number of financial issues, such as:

- the possibility of a reimbursement of travel expenses to the drop-in sessions for those attendees without a free bus travel pass, and
- an expansion of the opportunities available at these drop-in sessions,

by the attendees of the Headingley Friday Support Group. Costs are being kept to a minimum at the moment.

EXCURSION TO YORK

The excursion to York on Friday 1st April 2016 did not take place as anticipated because of the unavailability of a number of potential attendees. This excursion to York has therefore been re-scheduled for Friday 6th May 2016.

UNIVERSITY STUDENTS

The university students from the BSc (hons) Nursing (Mental Health) are assisting the Headingley Friday Support Group with the distribution of copies of an A5 colour flyer to appropriate mental health services, such as the Leeds and York Partnership NHS Foundation Trust, in an attempt to improve attendance at the drop-in sessions and events for the Headingley Friday Support Group.